



**Complete  
Family Medicine**  
A service of Hannibal Regional

## IMPORTANT MEDICAL INFORMATION FOR INCOMING TRUMAN STUDENTS

### Medical Forms Due Prior to June 1, 2021

Dear Incoming Student,

The Student Health Center and University Counseling services, operated in partnership with Complete Family Medicine, a service of Hannibal Regional – a not-for-profit health system, are available to meet your medical and mental health needs. The Student Health Center assists the University in obtaining the necessary immunization information required by the state of Missouri.

#### **IN ORDER TO AVOID DELAYS, ALL STUDENTS MUST SUBMIT THE FOLLOWING PRIOR TO JUNE 1, 2021**

- 1. Completed Medical History Form with TB Screening completed
- 2. Copy of current immunization records (see below for requirements)
- 3. Copy of current medical insurance card (front & back)
- 4. Insurance Information Form

#### **HOW TO SUBMIT REQUIRED MEDICAL INFORMATION**

1. Mail – please, send directly to the Student Health Center via the envelope included in this packet.
2. Scanning and emailing to [studenthealth@cfmcares.com](mailto:studenthealth@cfmcares.com).
3. Faxing the records to 660-785-4011. Keep in mind that, at times, faxed documents are illegible when received.

Legible documentation is required to validate that these requirements have been met. Immunization records submitted in a foreign language must have an accompanying written English translation. At this time, the documents cannot be submitted online. **If you elect to send the information by mail, it must be sent directly to the Student Health Center and an envelope to do so is included in this packet. Please do not submit your Medical History form, immunization records, or insurance form (which should all be submitted together) to another office on campus.** Doing so will delay your information from reaching the Health Center or can even result in your records being lost or misplaced. Students are required to have a completed Medical History Form on file at the Student Health Center before they are eligible to receive services.

## REQUIRED IMMUNIZATIONS

A full list of required and recommended immunizations can be found on the Medical History Form. A few specific highlights that we'd like to point out:

- Per Missouri Statute 174.335, **ALL students residing in residence halls, university apartments and any fraternity or sorority housing MUST have received their Meningitis A, C, Y and W vaccine (Menactra or Menveo) PRIOR to move in. The vaccine must have been given within the past five years and on or after the student's 16th birthday. Failure to comply with this state requirement will result in delays in moving into the student's housing.**
- Truman policy also requires proof of immunization against measles, mumps and rubella - often given together as the MMR vaccine. This is a series with the first shot given at or after age one year and the second given at least 28 days after the first one. Individuals opting out of this immunization for medical reasons must provide titer results documenting immune status.
- Per Missouri Statute 199.290, all new students are screened for tuberculosis. Truman's screening is located on the enclosed Medical History Form. The Missouri law states that, "Any entering student of an institution of higher education in Missouri who does not comply with the targeted testing program shall not be permitted to maintain enrollment in the subsequent semester at such institution." Therefore, failure to complete the Medical History form in full, including the TB screening, will result in a hold on the student's registration for second semester classes.

## HEALTH SUPPLIES YOU SHOULD BRING WITH YOU TO SCHOOL

Attached is a checklist of basic health supplies which we recommend that you should bring with you to college. A thermometer (either manual or electronic) is an essential. We recommend bringing basic medications such as fever and pain reducers, cough and cold medicines, and any prescription or other routine medications you take. A lockbox is recommended for controlled medications if you require them. If you have asthma, it is recommended that you bring your nebulizer and peak flow equipment. Students who choose to continue ongoing allergy immunotherapy or other medication injections at the Student Health Center must contact the Student Health Center to make arrangements prior to arrival on campus.

Again, we welcome you to the Truman State University community and we hope to help keep you healthy so that you may thrive academically. If either you or your parents have any questions regarding the requirements listed above, please do not hesitate to contact the Student Health Center at 660-785-4182.

Sincerely,



**Jordan Palmer, D.O.**

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